



Lipo-Light of Rock Hill

Lipo-Light Intake Form

Your success is our #1 priority.

Help us to help you achieve that success by filling out this questionnaire as completely as possible.

Name: _____ Date: _____

Address: _____

Home #: _____ Work #: _____ Cell #: _____

Email: _____ Height: _____ Weight: _____ Age: _____ Sex: _____

Female date of last menstrual cycle: _____

Marital Status: _____ Education: _____ College Degree: _____

Major: _____ Occupation: _____ Favorite Hobbies: _____

Do you enjoy your work? _____

Do you feel stress (explain)? _____

Are you currently under the care of a physician? _____

Do you exercise? _____ How often? _____ What type? _____

Do you get angry often? _____ Are you happy (if not, why)? _____

What worries you most? _____

What do you expect from your **Lipo-Light** treatment? _____

Why did you choose us for **Lipo-Light**? _____

If you were referred by one of our former clients, please tell us who we can send a Thank

You note to: _____

Weight Loss:

How long have you been overweight? _____

How much weight have you decided to lose? _____

How many times have you failed at weight loss? _____

What methods failed to help you lose weight? _____

Does your weight problem make you physically uncomfortable (explain)? _____

Does your excessive weight limit you and your activities (explain)? _____

How many times a year do you diet? _____

Do you suffer from uncontrollable cravings (explain)? _____

Do you feel out of control? _____

Do you eat because of emotions (explain)? _____

Are you embarrassed about your weight? _____

Is successful weight loss a top priority (explain)? _____

Will you purchase a new wardrobe when you lose weight? _____

What new activities will you become involved in after losing weight? _____

Are other members of your family overweight? _____

Briefly describe your eating behavior: _____

Do you believe weight loss has to be painful? _____

Do you believe weight loss can be enjoyable? _____

How fast do you want to be thin, trim, and fit? _____

Do you feel your eating behavior is normal? _____

Does your family support your weight loss efforts?_____

Does being overweight limit your social life?_____

Do you feel tired, run down, and out of energy?_____

Can you remember being your ideal weight (explain)?_____

Has being overweight caused you pain and suffering (describe physical and emotional pain)?_____

Circle the most important element in deciding to use our services (circle one):

Effectiveness (your results)

Time (how fast you get results)

Service (how we respond to your needs)

Affordable (what we charge)